

## Physical Education Vocabulary List

Year Group	Vocabulary
<b>Years 1 &amp; 2</b>	<p>Ball Dance Hit Kick Moves Roll Skills Stroke Swim Throw</p> <p>Action Balance Climb Curl Opponent Repeat Sequence Stretch Teammate Travel</p> <p>Striking Catching Own space Team Speed Direction Passing Controlling Shooting Scoring</p>
<b>Year 3 &amp; 4</b>	<p>Activity Control Field Game Overarm Position Team Underarm</p> <p>Accuracy Challenge Communicate Coordination Distance Opposition Physical</p> <p>Keep possession Scoring goals Keeping score Making space Pass/send/receive Travel with a ball Make use of space Points/goals Rules Tactics Batting Fielding Defending Hitting</p>
<b>Year 5 &amp; 6</b>	<p>Athletics Backhand Direction Forehand Gymnastics Precision Racquet Speed Stamina Strength</p> <p>Attacking Cardiovascular Competition Defending Demonstrate Endurance Exercise Fitness Flexibility Performance</p> <p>Keeping possession Passing Dribbling Shooting Support Marking Attackers/defenders Marking Team play Batting Fielding Bowler Defending Hitting Offside Pitch Forehand/backhand</p>