

# First steps to understanding my child (ADHD, Autism and Neurodivergent)



**FREE COURSE**

This FREE Online three-week parenting course will be delivered in three 2 x hour sessions and will explain the terms and key features associated with a neurodivergent profile, we will consider how this might impact your child's behaviour and discuss how to approach health professionals and schools to ask for support.

**Have you wondered if your child might be autistic or showing signs of ADHD?**

**Does your child suffer with Social Anxiety?**

**Does your child struggle at School?**

**Has your child developed distressed behaviors?**

## **When?**

**Thursday 24/11/22 to 08/12/22**

**Time: 7pm – 9pm**

**Zoom Online**

**Click on [link](#) or QR code for more details**

