



Feel it

PERSONAL TRAINING

Contact Suzi for more info
07733161228 or Email feelitpt@hotmail.co.uk



1-2-1 or Pair Training
Location to suit you

SPECIALISE IN -
PRE/POST NATAL, WEIGHTLOSS/ FATLOSS
IMPROVE MUSCLE TONE, IMPROVE FITNESS

Tuesday Total body Class 7:30pm £5 per person
Improve strength, fitness and muscle tone.
St Saviours Church, Connaught Road, Brookwood GU24 0AS